



Academic Curriculum

2023 - 2024

CLASS - VII



CLASS - VII

SUBJECT: ENGLISH

PRESCRIBED BOOKS

LITERATURE:

Textbook - Honeycomb-7 (L/P)

Supplementary Reader - An Alien Hand-7 (S)

WRITING & GRAMMAR:

BBC - COMPACTA - 7 (W/G)

LEARNING OUTCOMES

- To answer questions orally and in writing on a variety of texts.
- To speak about excerpts, dialogues, skits, short films, news and debate on TV and radio, audio–video programmes on suggested websites.
- To participate in different activities in English such as role play, poetry recitation, skit, drama, debate, speech, elocution, declamation, quiz, etc., organised by school and other such organisations.
- To identify details, characters, main idea and sequence of ideas and events in textual / non-textual material.
- To read to seek information in print / online, notice board, signboards in public places, newspaper, hoardings etc.
- To refer dictionary, thesaurus and encyclopedia to find meanings / spelling of words while reading and writing.
- To use appropriate grammatical forms in communication (e.g. noun, pronoun, verb, determiners, time and tense, passivisation, adjective, adverb, etc).
- To write descriptions / narratives showing sensitivity to gender, environment and appreciation of cultural diversity.



ENGLISH

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TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER
LITERATURE	L1 - THREE QUESTIONS P1 - THE SQUIRREL S1 - THE TINY TEACHER	L2 - A GIFT OF CHAPPALS P2 - THE REBEL S2 - BRINGING UP KARI (READING ONLY)	L3 - GOPAL AND THE HILSA FISH P3 - THE SHED S3 - GOLU GROWS A NOSE	L4 - THE ASHES THAT MADE TREES BLOOM P4 - CHIVVY S4 - CHANDNI (READING ONLY)	R E V I S I O N M I D T E R M E X A M S
READING	R1 - UNSEEN PASSAGE - CA1 & PA1	R2 - UNSEEN PASSAGE - CA2 & PA2	R3 - UNSEEN PASSAGE - CA3 & PA3	R4 - UNSEEN PASSAGE - CA4 & PA4	
WRITING	W1 - NOTICE - CA9 TO CA11	W2 - DIARY ENTRY - CA15 & PA8 W3 - ARTICLE - CA30 TO CA31 & PA18	W4 - INFORMAL LETTER - CA20 TO CA24 & PA13 W5 - E-MAIL - CA28 TO CA29 & PA16 TO PA17	W6 - SPEECH - CA34 TO CA35 & PA20 TO PA21	
GRAMMAR	G1 - DETERMINERS - CA41 TO CA46 & PA25 TO PA26	G2 - ADJECTIVES - CA47 TO CA51 & PA27 G3 - VERBS - CA52 TO CA54	G4 - MODALS - CA71 TO CA72 & PA29 G5 - PREPOSITIONS - CA86 TO CA90 & PA31	G6 - ADVERBS - CA67 TO CA69 G7 - SENTENCE - CA91 TO CA92	
PRACTICE	T1/WS/ENG/VII/23-24/01	T1/WS/ENG/VII/23-24/02	T1/WS/ENG/VII/23-24/03	T1/WS/ENG/VII/23-24/04 T1/SAMPLE/WS/ENG/VII/23-24/05	
EVALUATION	T1/RT/ENG/VII/23-24/01	T1/RT/ENG/VII/23-24/02 PERIODIC TEST - I	T1/RT/ENG/VII/23-24/03	T1/RT/ENG/VII/23-24/04 PERIODIC TEST - II	
PROJECT WORK /ACTIVITY	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES				



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TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH
LITERATURE	L5 - QUALITY P5 - TREES S5 - THE BEAR STORY	L6 - EXPERT DETECTIVES P6 - MYSTERY OF THE TALKING FAN P7 - DAD AND THE CAT AND THE TREE	L7 - THE INVENTION OF VITA - WONK P8 - GARDEN SNAKE P9 - MEADOW SURPRISES	L8 - A HOMAGE TO OUR BRAVE SOLDIERS (READING ONLY) S6 - A TIGER IN THE HOUSE (READING ONLY) S7 - AN ALIEN HAND	R E V I S I O N F I N A L E X A M S
READING	R1 - UNSEEN PASSAGE - CA5 & PA5	R2 - UNSEEN PASSAGE - CA6 & PA6	R3 - UNSEEN PASSAGE - CA7 & PA7	R4 - UNSEEN PASSAGE - CA8	
WRITING	W1 - NOTICE - CA12 TO CA14 W2 - ARTICLE - CA32 & CA33 & PA19 W3 - FORMAL LETTER (TO THE PRINCIPAL) - CA25 TO CA26 & PA14	W4 - DESCRIPTIVE PARAGRAPH - CA16 TO CA19 & PA9 TO PA12 W5 - FORMAL LETTER (TO THE EDITOR) - CA27 & PA15	W6 - SHORT STORY - CA37 TO CA40	W7 - SHORT STORY PA23 TO PA24	
GRAMMAR	G1 - TENSES - CA55 TO CA66 & PA28 G2 - CLOZE (GAP - FILLING) - CA100 & PA32	G3 - CONDITIONALS - CA70 G4 - VOICE - CA73 TO CA78 G5 - EDITING (ERROR CORRECTION) - CA101 & PA33 TO PA34 G6 - EDITING (OMISSIONS) - CA102 & PA35	G7 - SPEECH - CA79 TO CA85 & PA30 G8 - CONJUNCTIONS - CA97 TO CA99 G9 - SENTENCE REORDERING - CA103 & PA36	G10 - CLAUSES - CA93 TO CA96 G11 - SENTENCE TRANSFORMATION - CA105 & PA38	
PRACTICE	T2/WS/ENG/VII/23-24/01	T2/WS/ENG/VII/23-24/02	T2/WS/ENG/VII/23-24/03	T2/WS/ENG/VII/23-24/04 T2/SAMPLE/WS/ENG/VII/23-24/05	
EVALUATION	T2/RT/ENG/VII/23-24/01	T2/RT/ENG/VII/23-24/02	T2/RT/ENG/VII/23-24/03 PERIODIC TEST - III	T2/RT/ENG/VII/23-24/04	
PROJECT WORK /ACTIVITY	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES				



कक्षा - सातवीं
विषय: हिंदी

PRESCRIBED BOOKS

साहित्य:

पाठ्य पुस्तक: वसंत भाग 2 (L/P)
बाल महाभारत कथा (S)

लेखन एवं व्याकरण:

सृजन हिंदी व्याकरण तथा रचना (W/G)

LEARNING OUTCOMES

- विविध प्रकार की रचनाओं को पढ़कर समूह में चर्चा करते हैं।
- किसी चित्र या दृश्य को देखने के अनभुव को अपने ढंग से मौखिक, /सांकेतिक भाषा में व्यक्त करते हैं।
- अपने परिवेश में मौजूद लोककथाओं और लोकगीतों के बारे में चर्चा करते हैं और उनकी सराहना करते हैं।
- सरसरी तौर पर किसी पाठ्यवस्तु को पढ़कर उसकी उपयोगिता के बारे में बताते हैं।
- पढ़ी गई सामग्री पर चिंतन करते हुए बेहतर समझ के लिए प्रश्न पूछते हैं।
- अपने अनुभवों को अपनी भाषा शैली में लिखते हैं।
- विभिन्न संवेदनशील मुद्दों /विषयों, जैसे- जाति, धर्म, रंग, जेंडर, रीति-रिवाजों के बारे में लिखित रूप से तार्किक समझ अभिव्यक्त करते हैं।
- भित्ति पत्रिका/पत्रिका आदि के लिए तरह-तरह की सामग्री जुटाते हैं, लिखते हैं और उनका संपादन करते हैं।



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TERM - I	अप्रैल	मई	जुलाई	अगस्त	सितंबर
साहित्य	P1 - पाठ1- हम पंछी उन्मुक्त गगन के L1 - पाठ2 - हिमालय की बेटियाँ S1 - पाठ (1-5)	P2 - पाठ3 - कठपुतली L2 - पाठ4 - मिठाईवाला S2 - पाठ (6-10)	L3 - पाठ-5 पापा खो गए (मराठी) P3 - पाठ-6 शाम-एक किसान S3 - पाठ (11-15) (READING ONLY)	L4 - पाठ-7 अपूर्व अनुभव (संस्मरण) P4 - पाठ-8 रहीम के दोहे S4 - पाठ (16-20) (READING ONLY)	अ र्द्ध वा र्षिक प री क्षा
पाठ बोधन	R1 - अपठित गद्यांश	R2 - अपठित काव्यांश	R3 - अपठित गद्यांश	R4 - अपठित काव्यांश	
लेखन कार्य	W1 - अनुच्छेद लेखन (पृष्ठ 153) 3 & 4	W2 - अनौपचारिक पत्र-1 & 4	W3 - निबंध लेखन - पृष्ठ (155 - 156) 1 & 2	W4 - विज्ञापन लेखन: गूगल धूप अगरबत्ती के विक्रेता के लिए एक सुंदर विज्ञापन तैयार कीजिए	
व्याकरण	G1 - पाठ3 - वर्तनी विचार(पृष्ठ-14 - 17) G2 - पाठ5 - संज्ञा(पृष्ठ-23-27) G3 - पाठ9 -सर्वनाम (पृष्ठ -46-51) G4 - पाठ25 -मुहावरे (20-40)	G5 - पाठ4 -शब्द विचार (पृष्ठ- 18-22) G6 - पाठ6 -लिंग (पृष्ठ -28-34) G7 - पाठ7 -वचन (पृष्ठ -35-40)	G8 - पाठ8 -कारक (पृष्ठ -41-45) G9 - पाठ10 -विशेषण (पृष्ठ -52-59) G10 - पाठ17 -अनेक शब्दों के लिए एक शब्द (1-30)	G11 - पाठ11 -क्रिया (पृष्ठ -60-66)	
अभ्यास कार्य	T1/WS/हिंदी/VII/23-24/01	T1/WS/हिंदी/VII/23-24/02	T1/WS/हिंदी/VII/23-24/03	T1/WS/हिंदी/VII/23-24/04 T1/SAMPLE/WS/हिंदी/VII/23-24/05	
मूल्यांकन	T1/WS/हिंदी/VII/23-24/01	T1/WS/हिंदी/VII/23-24/02 आवधिक परीक्षण - I	T1/RT/हिंदी/VII/23-24/03	T1/RT/हिंदी/VII/23-24/04 आवधिक परीक्षण - II	
परियोजना कार्य / विषय संबंधी क्रियाकलाप	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES				



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TERM - II	अक्टूबर	नवंबर	दिसंबर	जनवरी	फरवरी-मार्च
साहित्य	P1 - पाठ9 - एक तिनका L1 - पाठ10 - खानपान की बदलती तसवीर S1 - पाठ (21-25)	L2 - पाठ11 - नीलकंठ P2 - पाठ12 - भोर और बरखा S2 - पाठ (26-30)	L3 - पाठ13 - वीर कुँवर सिंह S3 - पाठ (31-35) (READING ONLY)	L4 - पाठ14 -संघर्ष के कारण मैं तुनुकमिजाज हो गया : धनराज पाठ-15 आश्रम का अनुमानित व्यय S4 - पाठ (36-41) (READING ONLY)	पुनरावृत्ति वार्षिक परीक्षा
पाठ बोधन	R1 - अपठित गद्यांश	R2 - अपठित काव्यांश	R3 - अपठित गद्यांश	R4 - अपठित काव्यांश	
लेखन कार्य	W1 - अनुच्छेद लेखन - पृष्ठ (154) अभ्यास 3 & 9	W2 - औपचारिक पत्र - 1 & 3	W3 - अनुच्छेद लेखन- अभ्यास	W4 - विज्ञापन लेखन • दूध पेस्ट विक्रेता हेतु विज्ञापन तैयार कीजिए।	
व्याकरण	G1 - पाठ14 -अविकारी शब्द (अव्यय) (पृष्ठ - 74-82) G2 - पाठ15 -समानार्थी शब्द (पृष्ठ -83-85) G3 - पाठ16 -विलोम शब्द (पृष्ठ -86-88)	G4 - पाठ17 -अनेक शब्दों के लिए एक शब्द (31-68) (पृष्ठ - 90-91) G5 - पाठ18 -अनेकार्थी शब्द (21-38) (पृष्ठ - 93-94) G6 - पाठ20 -उपसर्ग और प्रत्यय (परिभाषा+भेद+उदाहरण) G7 - पाठ21 -संधि (पृष्ठ -106-114)	G8 - पाठ22 - समास (परिभाषा+भेदों के नाम+ अव्ययी भाव समास) G9 - पाठ23 -वाक्य (पृष्ठ -121-129)	G10 - पाठ25 -मुहावरे (41-55)	
अभ्यास कार्य	T2/WS/हिंदी/VII/23-24/01	T2/WS/हिंदी/VII/23-24/02	T2/WS/हिंदी/VII/23-24/03	T2/WS/हिंदी/VII/23-24/04 T2/SAMPLE/WS/हिंदी/VII/23-24/05	
मूल्यांकन	T2/WS/हिंदी/VII/23-24/01	T2/WS/हिंदी/VII/23-24/02	T2/RT/हिंदी/VII/23-24/03 आवधिक परीक्षण - III	T2/RT/हिंदी/VII/23-24/04	
परियोजना कार्य / विषय संबंधी क्रियाकलाप	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES				



ਜਮਾਤ - ਸੱਤਵੀਂ ਵਿਸ਼ਾ : ਪੰਜਾਬੀ

PRESCRIBED BOOKS

ਸਾਹਿਤ:

ਪੰਜਾਬੀ ਪੁਸਤਕ: ਦੂਜੀ ਭਾਸ਼ਾ (L/P/S)

ਲਿਖਣ ਕਾਰਜ ਅਤੇ ਵਿਆਕਰਨ:

ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਅਤੇ ਲੇਖ ਰਚਨਾ (W/G)

LEARNING OUTCOMES

- ਵਿਦਿਆਰਥੀ ਪੜ੍ਹਨ-ਸਮੱਗਰੀ ਨੂੰ ਬੋਲ ਕੇ ਅਤੇ ਚੁੱਪ-ਚਾਪ ਪੜ੍ਹ ਸਕੇ |
- ਉਹ ਵਿਸਰਾਮ ਚਿੰਨ੍ਹਾਂ ਅਨੁਸਾਰ ਅਤੇ ਸਹੀ ਉਚਾਰਨ ਨਾਲ ਪੜ੍ਹ ਸਕੇ |
- ਵਿਦਿਆਰਥੀ ਪਾਠ-ਪੁਸਤਕਾਂ ਵਿੱਚੋਂ ਕਿਸੇ ਪਾਠ ਨੂੰ ਪੜ੍ਹ ਕੇ ਉਸ ਦਾ ਸਾਰ ਦੱਸ ਸਕੇ |
- ਉਹ ਪੜ੍ਹੀ ਹੋਈ ਸਮੱਗਰੀ ਬਾਰੇ ਪੁੱਛੇ ਗਏ ਸਵਾਲਾਂ ਦਾ ਉੱਤਰ ਦੱਸ ਸਕੇ |
- ਉਹ ਦੂਜਿਆਂ ਦੇ ਵਿਚਾਰਾਂ ਨੂੰ ਸੁਣ ਕੇ ਸਮਝ ਸਕੇ |
- ਉਹ ਆਪਣੇ ਵਿਚਾਰਾਂ ਨੂੰ ਸਰਲਤਾ ਨਾਲ ਪ੍ਰਗਟ ਕਰ ਸਕੇ |
- ਉਹ ਆਪਣੇ ਆਲੇ-ਦੁਆਲੇ ਦੇ ਲੋਕਾਂ ਨਾਲ ਗੱਲ-ਬਾਤ ਕਰ ਸਕੇ |
- ਉਹ ਕਿਸੇ ਵਸਤੂ, ਥਾਂ ਜਾਂ ਵਿਸ਼ੇ ਬਾਰੇ ਆਪਣੇ ਵਿਚਾਰ ਪ੍ਰਗਟ ਕਰ ਸਕੇ |
- ਉਹ ਪਾਠ-ਪੁਸਤਕ ਵਿੱਚੋਂ ਪੜ੍ਹੀ ਗਈ ਸਮੱਗਰੀ ਬਾਰੇ ਪੁੱਛੇ ਸਵਾਲਾਂ ਦੇ ਜਵਾਬ ਲਿੱਖ ਸਕੇ |
- ਉਹ ਨਿੱਤ ਦੇ ਜੀਵਨ ਦੀ ਲੋੜ ਅਨੁਸਾਰ ਰੋਜ਼ਾਨਾ ਆਪਣੇ ਮਨ ਦੇ ਅਨੁਸਾਰ ਲਿੱਖ ਸਕੇ |
- ਪੜ੍ਹਨ ਕਲਾ ਅਤੇ ਲਿਖਣ ਕਲਾ ਵਿੱਚ ਨਿਪੁੰਨਤਾ ਲਿਆਉਣਾ।



ਪੰਜਾਬੀ

CLASS-VII



TERM - I	ਅਪ੍ਰੈਲ	ਮਈ	ਜੁਲਾਈ	ਅਗਸਤ	ਸਤੰਬਰ
ਸਾਹਿਤ	P1 - ਪਾਠ 1-ਇਹ ਮੇਰਾ ਪੰਜਾਬ L1 - ਪਾਠ 2-ਜੰਗਲਾਂ ਦੇ ਲਾਭ S1 - ਪਾਠ 3-ਰਾਣੀ ਸਾਹਿਬ ਕੌਰ (ਸਿਰਫ ਪੜ੍ਹਨ ਲਈ)	P2 - ਪਾਠ 4-ਲਾਇਬ੍ਰੇਰੀ L2 - ਪਾਠ 5-ਕਾਬਲੀਵਾਲਾ	L3 - ਪਾਠ 6- ਯਾਤਰਾ:ਹੇਮਕੁੰਟ ਸਾਹਿਬ L4 - ਪਾਠ 7- ਅਣਖੀਲਾ ਯੋਧਾ ਸ਼ਹੀਦ ਊਧਮ ਸਿੰਘ L5 - ਪਾਠ 8- ਰੁੱਤ ਰੁੱਤ ਦੇ ਰੰਗ	L6 - ਪਾਠ 10- ਕੀ ਤੁਸੀਂ ਪੜ੍ਹੇ-ਲਿਖੇ ਹੋ? S2 - ਪਾਠ 11- ਭਾਰਤੀ ਫੁੱਟਬਾਲ ਦਾ ਸਿਤਾਰਾ : ਉਲੰਪੀਅਨ ਜਰਨੈਲ ਸਿੰਘ (ਸਿਰਫ ਪੜ੍ਹਨ ਲਈ)	ਅ ਰ ਪ ਸ ਲ ਾ ਪ੍ਰੀ ਖਿ ਆ
ਪੜ੍ਹਨ ਕਾਰਜ	R1 - ਅਣਡਿੱਠੀ (ਕਾਵਿ ਟੁਕੜੀ)	R2 - ਅਣਡਿੱਠਾ ਪੈਰੂ (ਵਾਰਤਕ)	R3 - ਅਣਡਿੱਠੀ (ਕਾਵਿ ਟੁਕੜੀ)	R4 - ਅਣਡਿੱਠਾ ਪੈਰੂ (ਵਾਰਤਕ)	
ਲਿਖਣ ਕਾਰਜ	W1 - ਸੰਖੇਪ ਰਚਨਾ ਅਤੇ ਸਿਰਲੇਖ	W2 - ਕਹਾਣੀਆਂ: 1. ਸਿਆਣਾ ਕਾਂ 2. ਬਾਂਦਰ ਤੇ ਮਗਰਮੱਛ	W3 - ਲੇਖ: 1. ਵਿਦਿਆਰਥੀ ਅਤੇ ਅਨੁਸ਼ਾਸਨ 2. ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ 3. ਟੈਲੀਵੀਜ਼ਨ ਦੇ ਲਾਭ ਅਤੇ ਹਾਨੀਆਂ	W4 - ਪੱਤਰ: 1. ਆਪਣੇ ਮਿੱਤਰ ਨੂੰ ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ ਇਕੱਠੇ ਬਿਤਾਉਣ ਲਈ। 2. ਤੁਹਾਡੇ ਸਕੂਲ ਵਿੱਚ ਗਣਤੰਤਰ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ, ਇਸ ਸੰਬੰਧੀ ਮਿੱਤਰ ਨੂੰ ਪੱਤਰ ਲਿਖੋ।	
ਵਿਆਕਰਨ	G1 - ਪਾਠ 1-ਵਿਆਕਰਨ G2 - ਪਾਠ 2-ਭਾਸ਼ਾ ਜਾਂ ਬੋਲੀ G3 - ਲਿੰਗ ਬਦਲੇ (ਹਰਨ ਤੋਂ ਗਿਆਨੀ) (ਪੇਜ 12-13) G4 - ਵਚਨ ਬਦਲੇ (ਚੂਹਾ ਤੋਂ ਹਵਾ) (ਪੇਜ 12-13) G5 - ਮੁਹਾਵਰੇ (1-20)	G6 - ਪਾਠ 3-ਸ਼ਬਦ-ਬੋਧ(ਨਾਂਵ-ਪੜਨਾਂਵ) G7 - ਵਿਰੋਧੀ ਸ਼ਬਦ (ਉਸਤਤ ਤੋਂ ਚੜ੍ਹਾਈ) (ਪੇਜ 54-55) G8 - ਸ਼ੁੱਧ ਕਰੋ (ਪੇਜ 66-67)	G9 - ਪਾਠ 3-ਸ਼ਬਦ-ਜੋੜ (ਵਿਸ਼ੇਸ਼ਣ ਅਤੇ ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ) G10 - ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (1-35) (ਪੇਜ 57-59) G11 - ਮੁਹਾਵਰੇ (21-40)	G12 - ਬਹੁਅਰਥਕ ਸ਼ਬਦ (ਗੋਲਾ ਤੋਂ ਤਰ) (ਪੇਜ 48-49) G13 - ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਸਾਫ਼ ਤੋਂ ਧਰਤੀ) (ਪੇਜ 53)	
ਅਭਿਆਸ ਕਾਰਜ	T1/WS/ਪੰਜਾਬੀ/VII/23-24/01	T1/WS/ਪੰਜਾਬੀ/VII/23-24/02	T1/WS/ਪੰਜਾਬੀ/VII/23-24/03	T1/WS/ਪੰਜਾਬੀ/VII/23-24/04 T1/SAMPLE/WS/ਪੰਜਾਬੀ/VII/23-24/05	
ਮੁਲਾਂਕਣ	T1/RT/ਪੰਜਾਬੀ/VII/23-24/01	T1/RT/ਪੰਜਾਬੀ/VII/23-24/02 ਪੀਰੀਓਡਿਕ ਟੈਸਟ - I	"T1/RT/ਪੰਜਾਬੀ/VII/23-24/03	T1/RT/ਪੰਜਾਬੀ/VII/23-24/04 ਪੀਰੀਓਡਿਕ ਟੈਸਟ - II	
ਪ੍ਰੋਜੈਕਟ ਕਾਰਜ (ਗਤੀਵਿਧੀਆਂ)	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES.				



ਪੰਜਾਬੀ

CLASS-VII



TERM - II	ਅਕਤੂਬਰ	ਨਵੰਬਰ	ਦਸੰਬਰ	ਜਨਵਰੀ	ਫਰਵਰੀ
ਸਾਹਿਤ	P3 - ਪਾਠ 12-ਸਮਾਂ ਨਾ ਗੁਆ ਬੋਲੀਆ S1 - ਪਾਠ 13-ਦਲੇਰੀ ਦੀ ਮਿਸਾਲ ਮਾਈ ਭਾਗੋ (ਸਿਰਫ ਪੜ੍ਹਨ ਲਈ) P4 - ਪਾਠ 14-ਮਹਾਨ ਧੀਆਂ	L7 - ਪਾਠ 15-ਫੈਸਲਾ L8 - ਪਾਠ 16-ਦੁਨੀਆ ਦੁੱਖਾਂ ਦੀ ਨਗਰੀ ਨਹੀਂ P5 - ਪਾਠ 17-ਰੁੱਖ	L9 - ਪਾਠ 18-ਜਦੋਂ ਦੰਦ ਬੋਲ ਪਿਆ L10 - ਪਾਠ 19-ਸ਼ਹੀਦ ਬਾਬਾ ਦੀਪ ਸਿੰਘ ਜੀ S2 - ਪਾਠ 20-ਕੌਣ ਕਦੇ ਰੁਕਿਆ ਹੈ (ਸਿਰਫ ਪੜ੍ਹਨ ਲਈ)	S3 - ਪਾਠ 21- ਨਿੱਕੀਆਂ ਜਿੰਦਾਂ ਵੱਡਾ ਸਾਕਾ	ਦੁਹਰਾਈ ਅ ਰ ਧ ਸ ਲ ਾ ਪ੍ਰੀ ਖਿ ਆ
ਪੜ੍ਹਨ ਕਾਰਜ	R1 - ਅਣਡਿੱਠੀ (ਕਾਵਿ ਟੁਕੜੀ)	R2 - ਅਣਡਿੱਠਾ ਪੈਰੂਾ (ਵਾਰਤਕ)	R3 - ਅਣਡਿੱਠੀ (ਕਾਵਿ ਟੁਕੜੀ)	R4 - ਅਣਡਿੱਠਾ ਪੈਰੂਾ (ਵਾਰਤਕ)	
ਲਿਖਣ ਕਾਰਜ	W1 - ਪੈਰੂਾ ਰਚਨਾ: 1. ਡਾਕੀਆ 2. ਸਕੂਲ ਵਿੱਚ ਸਫਾਈ	W2 - ਲੇਖ: 1. ਪ੍ਰਦੂਸ਼ਣ 2. ਪੰਦਰ੍ਹਾਂ ਅਗਸਤ 3. ਸ਼ਹੀਦ ਭਗਤ ਸਿੰਘ	W3 - ਪੱਤਰ: 1. ਸਕੂਲ ਵਿੱਚ ਦਾਖਲਾ ਲੈਣ ਸੰਬੰਧੀ। 2. ਪੋਸਟ-ਮਾਸਟਰ ਸਾਹਿਬ ਨੂੰ ਡਾਕੀਏ ਦੀ ਸ਼ਿਕਾਇਤ ਸੰਬੰਧੀ।	W4 - ਕਹਾਣੀਆਂ: 1. ਏਕਤਾ ਵਿੱਚ ਬਲ ਹੈ। 2. ਹੰਕਾਰੀ ਬਾਰਾਸਿੰਗਾ।	
ਵਿਆਕਰਨ	G1 - ਪਾਠ-3-ਸ਼ਬਦ-ਬੋਧ (ਕਿਰਿਆ, ਕਾਲ-ਵੰਡ) G2 - ਲਿੰਗ ਬਦਲੇ (ਹਲਵਾਈ ਤੇ ਬਾਟਾ) (ਪੇਜ 14-15) G3 - ਵਚਨ ਬਦਲੇ (ਗੇਂਦ ਤੇ ਉਹ) (ਪੇਜ 18-19) G4 - ਮੁਹਾਵਰੇ (41-60)	G5 - ਪਾਠ-3-ਸ਼ਬਦ-ਬੋਧ (ਯੋਜਕ, ਵਿਸਮਿਕ) G6 - ਵਿਰੋਧੀ ਸ਼ਬਦ (ਛੂਤ ਤੇ ਖਾਲੀ) (ਪੇਜ 56-57) G7 - ਸ਼ੁੱਧ ਕਰੋ (ਪੇਜ 68-69)	G8 - ਪਾਠ 4-ਵਾਕ-ਬੋਧ G9 - ਪਾਠ 6-ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ, ਬਹੁਤੇ G10 - ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (36-70) (ਪੇਜ 59-60) G11 - ਮੁਹਾਵਰੇ (61-80)	G12 - ਬਹੁਅਰਥਕ ਸ਼ਬਦ (ਤਾਰ ਤੋਂ ਵੇਲ) (ਪੇਜ 49-51) G13 - ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਨਿਰਧਨ ਤੋਂ ਛਿਕਰ) (ਪੇਜ 53-54)	
ਅਭਿਆਸ ਕਾਰਜ	T2/WS/ਪੰਜਾਬੀ/VII/23-24/01	T2/WS/ਪੰਜਾਬੀ/VII/23-24/02	T2/WS/ਪੰਜਾਬੀ/VII/23-24/03	T2/WS/ਪੰਜਾਬੀ/VII/23-24/04 T2/SAMPLE/WS/ਪੰਜਾਬੀ/VII/23-24/05	
ਮੁਲਾਂਕਣ	T2/RT/ਪੰਜਾਬੀ/VII/23-24/01	T2/RT/ਪੰਜਾਬੀ/VII/23-24/02	"T2/RT/ਪੰਜਾਬੀ/VII/23-24/03 ਪੀਰੀਓਡਿਕ ਟੈਸਟ - III"	T2/RT/ਪੰਜਾਬੀ/VII/23-24/04	
ਪ੍ਰੋਜੈਕਟ ਕਾਰਜ (ਗਤੀਵਿਧੀਆਂ)	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES.				



PRESCRIBED BOOKS

TEXTBOOK: MATHEMATICS NCERT

CLASS - VII

SUBJECT: MATHEMATICS

LEARNING OUTCOMES

- To interpret the division and multiplication of fractions.
- To use algorithms to multiply and divide fractions/decimals.
- To use exponential form of numbers to simplify problems involving multiplication and division of large numbers.
- To represent daily life situations in the form of a simple equation and solves it.
- To solve problems related to conversion of percentage to fraction and decimal and vice versa.
- To classify pairs of angles based on their properties as linear, supplementary, complementary, adjacent and vertically opposite and finds value of the one when the other is given.
- To calculate areas of the regions enclosed in a rectangle and a square.



MATHEMATICS

CLASS-VII



TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER
CHAPTERS	CH1- INTEGERS CH2- FRACTIONS AND DECIMALS	CH3 - DATA HANDLING CH4 - SIMPLE EQUATIONS	CH5 - LINES AND ANGLES CH6 - THE TRIANGLE AND ITS PROPERTIES	CH7 - COMPARING QUANTITIES	R E V I S I O N M I D T E R M E X A M S
PRACTICE	T1/WS/MATHS/VII/23-24/01	T1/WS/MATHS/VII/23-24/02	T1/WS/MATHS/VII/23-24/03	T1/WS/MATHS/VII/23-24/04 T1/SAMPLE/WS/MATHS/VII/23-24/05	
EVALUATION	T1/RT/MATHS/VII/23-24/01	T1/RT/MATHS/VII/23-24/02 PERIODIC TEST - I	T1/RT/MATHS/VII/23-24/03	T1/RT/MATHS/VII/23-24/04 PERIODIC TEST - II	
PROJECT WORK /ACTIVITY	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES. 3. TABLE DRILLING (1-20,25, 50 & 100).				



MATHEMATICS

CLASS-VII



TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH	
CHAPTERS	CH9 - PERIMETER AND AREA CH10 - ALGEBRAIC EXPRESSIONS	CH8 - RATIONAL NUMBERS CH11 - EXPONENTS AND POWERS	CH12- SYMMETRY	CH13- VISUALISING SOLID SHAPES	R E V I S I O N	F I N A L T E R M E X A M S
PRACTICE	T2/WS/MATHS/VII/23-24/01	T2/WS/MATHS/VII/23-24/02	T2/WS/MATHS/VII/23-24/03	T2/WS/MATHS/VII/23-24/04 T2/SAMPLE/WS/MATHS/VII/23-24/05		
EVALUATION	T2/RT/MATHS/VII/23-24/01	T2/RT/MATHS/VII/23-24/02	T2/RT/MATHS/VII/23-24/03 PERIODIC TEST - III	T2/RT/MATHS/VIII/23-24/04		
PROJECT WORK /ACTIVITY	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES. 3. TABLE DRILLING (1-20,25, 50 & 100).					



CLASS -VII

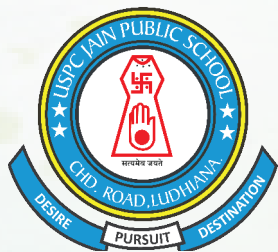
SUBJECT: SCIENCE

PRESCRIBED BOOKS

SCIENCE (TEXTBOOK FOR CLASS VII)

LEARNING OUTCOMES

- *To identify organisms, types of teeth; mirrors and lenses, on the basis of observable features, i.e., appearance, texture, functions, etc.*
- *To classify physical and chemical changes.*
- *To explain processes and phenomena, modes of transfer of heat, etc.*
- *To draw labelled diagrams/ flow charts e.g., organ systems in human and plants; electric circuits; experimental set ups.*
- *To plot and interprets graphs e.g., distance time graph*
- *To write word equation for chemical reactions, e.g., acid-base reactions; corrosion; photosynthesis; respiration, etc.*
- *To make efforts to protect environment, e.g., following good practices for sanitation at public places; minimising generation of pollutants; planting trees to avoid soil erosion, etc.*
- *To measure and calculates e.g., temperature; pulse rate; speed of moving objects; time period of a simple pendulum, etc.*



SCIENCE

CLASS-VII



TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER
CHAPTERS	BIO CH1- NUTRITION IN PLANTS PHY CH3- HEAT	BIO CH2- NUTRITION IN ANIMALS	CHEM CH4- ACIDS, BASES AND SALTS BIO CH7- TRANSPORTATION IN ANIMALS AND PLANTS	BIO CH6- RESPIRATION IN ORGANISMS	R E V I S I O N
PRACTICE	T1/WS/SCI/VII/23-24/01	T1/WS/SCI/VII/23-24/02	T1/WS/SCI/VII/23-24/03	T1/WS/SCI/VII/23-24/04 T1/SAMPLE/WS/SCI/VII/23-24/05	
EVALUATION	T1/RT/SCI/VII/23-24/01	T1/RT/SCI/VII/23-24/02 PERIODIC TEST - I	T1/RT/SCI/VII/23-24/03	T1/RT/SCI/VII/23-24/04 PERIODIC TEST - II	
PROJECT WORK /ACTIVITY	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES. 3. STEAM CLUB ACTIVITIES.				



SCIENCE

CLASS-VII



TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH
CHAPTERS	CHEM CH5- PHYSICAL AND CHEMICAL CHANGES BIO CH8- REPRODUCTION IN PLANTS	PHY CH9- MOTION AND TIME PHY CH10- ELECTRIC CURRENT AND ITS EFFECTS	PHY CH11- LIGHT BIO CH12- FORESTS: OUR LIFELINE	BIO CH13- WASTEWATER STORY	R E V I S I O N F I N A L T E R M E X A M S
PRACTICE	T2/WS/SCI/VII/23-24/01	T2/WS/SCI/VII/23-24/02	T2/WS/SCI/VII/23-24/03	T2/WS/SCI/VII/23-24/04 T2/SAMPLE/WS/SCI/VII/23-24/05	
EVALUATION	T2/RT/SCI/VII/23-24/01	T2/RT/SCI/VII/23-24/02	T2/RT/SCI/VII/23-24/03 PERIODIC TEST - III	T2/RT/SCI/VII/23-24/04	
PROJECT WORK /ACTIVITY	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES. 3. STEAM CLUB ACTIVITIES.				



CLASS - VII

SUBJECT: SOCIAL SCIENCE

PRESCRIBED BOOKS

TEXTBOOKS: NCERT

HISTORY: OUR PAST - II

POL. SCI. : SOCIAL & POLITICAL LIFE - II

GEOGRAPHY: OUR ENVIRONMENT

LEARNING OUTCOMES

- To describe major crops, types of farming and agricultural practices in her/his own area/ state.
- To analyse uneven distribution of natural and human made resources on the earth.
- To draw interrelationship between types of farming and development in different regions of the world.
- To describe the forms of different tribal societies in the 19th century and their relationship with the environment.
- To analyse the decline of pre-existing urban centres and handicraft industries and the development of new urban centres and industries in India during the colonial period.
- To explain the institutionalisation of the new education system in India.
- To differentiate between State Government and Union Government.



SOCIAL SCIENCE

CLASS-VII



TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER
CHAPTERS	HIS CH1 - INTRODUCTION TRACING CHANGES THROUGH A THOUSAND YEARS HIS CH2 - KINGS AND KINGDOMS (READING ONLY) GEO CH1 - ENVIRONMENT	HIS CH3 - DELHI: 12th to 15th CENTURY PS CH1 - ON EQUALITY PS CH6 - UNDERSTANDING MEDIA (READING ONLY)	HIS CH4 - THE MUGHALS (16th to 17th CENTURY) GEO CH2 - INSIDE OUR EARTH PS CH2 - ROLE OF THE GOVERNMENT IN HEALTH	GEO CH3 - OUR CHANGING EARTH PS CH3 - HOW THE STATE GOVERNMENT WORKS	R E V I S I O N M I D T E R M E X A M S
PRACTICE	T1/WS/SSCI/VII/23-24/01	T1/WS/SSCI/VII/23-24/02	T1/WS/SSCI/VII/23-24/03	T1/WS/SSCI/VII/23-24/04 T1/SAMPLE/SSCI/VII/23-24/05	
EVALUATION	T1/RT/SSCI/VII/23-24/01	T1/RT/SSCI/VII/23-24/02 PERIODIC TEST - I	T1/RT/SSCI/VII/23-24/03	T1/RT/SSCI/VII/23-24/04 PERIODIC TEST - II	
PROJECT WORK /ACTIVITY	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES.				



SOCIAL SCIENCE

CLASS-VII



TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH	
CHAPTERS	HIS CH5 - TRIBES , NOMADS AND SETTLED COMMUNITIES GEO CH4 - AIR PS CH4 - GROWING UP AS BOYS AND GIRLS	HIS CH6 - DEVOTIONAL PATHS TO THE DIVINE GEO CH5 - WATER PS CH5 - WOMEN CHANGE THE WORLD	HIS CH8 - EIGHTEENTH-CENTURY POLITICAL FORMATIONS (READING ONLY) GEO CH7 - LIFE IN THE DESERTS PS CH7 - MARKETS AROUND US	HIS CH7 - THE MAKING OF REGIONAL CULTURES GEO CH6 - HUMAN ENVIRONMENT INTERACTIONS: THE TROPICAL & THE SUB TROPICAL REGION (READING ONLY) P5 CH8 - A SHIRT IN THE MARKET (READING ONLY)	R E V I S I O N	F I N A L T E R M E X A M S
PRACTICE	T2/WS/SSCI/VII/23-24/01	T2/WS/SSCI/VII/23-24/02	T2/WS/SSCI/VII/23-24/03	T2/WS/SSCI/VII/23-24/04 T2/SAMPLE/WS/SSCI/VII/23-24/05		
EVALUATION	T2/RT/SSCI/VII/23-24/01	T2/RT/SSCI/VII/23-24/02	T2/RT/SSCI/VII/23-24/03 PERIODIC TEST - III	T2/RT/SSCI/VII/23-24/04		
PROJECT WORK /ACTIVITY	1. ACTIVITIES IN DIKSHA PORTAL (reference link: https://diksha.gov.in/explore) 2. ART INTEGRATED ACTIVITIES.					



CLASS - VII SUBJECT: GK

PRESCRIBED BOOKS
KNOWLEDGE SQUARE

LEARNING OUTCOMES

- *To develop mental ability of the students.*
- *To develop the language skills.*
- *To build their perspective about the world from a tender stage*
- *To revamp performance in quiz competitions*
- *Develops personality and competitive spirit.*
- *To perceive, analyse and understand the world around them and improves their social and general awareness.*
- *To improve analytical and thinking abilities, widening their knowledge base and preparing them for life ahead.*
- *To boost conversational skills, to speak on a variety of topics with ease.*



GENERAL KNOWLEDGE

CLASS-VII



TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER
CONCEPT	CH1 - CAPITALS OF THE STATES CH6 - SEVEN SISTERS OF INDIA CH7 - INDIAN FOLK DANCES CH8 - INDIAN CLASSICAL DANCES CH11 - GREAT WOMEN OF INDIA	CH12 - RIVERSIDE CITIES IN INDIA CH14 - WHY INDIAN VEHICLES HAVE DIFFRENT COLOUR NUMBER PLATES ? CH17 - VENOMOUS ANIMALS CH18 - POPULAR DOG BREEDS	CH19 - SEA CREATURES QUIZ CH20 - INSECT WORLD CH23 - MAN MADE DISASTERS CH24 - OPULENT OCEANS CH26 - SAVE THE ENVIRONMENT	CH28 - HOW CAN I BE ASSERTIVE CH29 - EARTH, WIND AND WATER CH31 - CLEAN ENERGY QUIZ	R E V I S I O N M I D T E R M E X A M S
PRACTICE	T1/WS/GK/VII/23-24/01		T1/SAMPLE/WS/GK/VII/23-24/02		
EVALUATION	T1/RT/GK/VII/23-24/01	PERIODIC TEST - I	T1/RT/GK/VII/23-24/02	PERIODIC TEST - II	



GENERAL KNOWLEDGE

CLASS-VII



TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH	
CONCEPT	CH33 - ARTIFICIAL SATELLITES CH35 - INFECTIOUS DISEASES CH36 - GENERAL BIOLOGY CH38 - SCIENCE AND TECHNOLOGY CH39 - INDIA IN DEFENCE TECHNOLOGY CH42 - BRANCHES OF MEDICAL SCIENCE	CH44 - ONE WORD SUBSTITUTE CH45 - FAMOUS PROVERBS CH47 - WHO SAID IT ?	CH52 - OLYMPIC QUIZ CH53 - FAMOUS PLAYERS OF NDIA CH55 - NAMES AND LOGOS	CH57 - THE FAMOUS FIRSTS CH60 - BRAIN GYM	R E V I S I O N	F I N A L T E R M E X A M S
PRACTICE	T2/WS/GK/VII/23-24/01		T2/SAMPLE/WS/GK/VII/23-24/02			
EVALUATION	T2/RT/GK/VII/23-24/01 T2/RT/GK/VII/23-24/02		PERIODIC TEST - III			



CLASS - VII SUBJECT: IT

PRESCRIBED BOOKS

COMPUTER A WONDER MACHINE-7

LEARNING OUTCOMES

- *To develop logical, critical and computational thinking.*
- *To implement solution for a problem using appropriate programming techniques.*
- *To develop a proper understanding of the number system.*
- *To create a design for website by using HTML.*
- *To perform basic tasks in Microsoft Excel formatting, layout, analyze data by using charts.*
- *To develop 21st century learning skills such as thinking creatively, communicating clearly etc.*
- *To have a broad understanding of database concepts and database management system software.*
- *To learn the basic tools used in Photoshop to create and edit images.*
- *To analyze the implications of applying AI systems to organizations and future of work.*
- *To include practical questions to enhance practical ability of students.*



INFORMATION TECHNOLOGY

CLASS-VII



TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER	
CONCEPT	CH1 - NUMBER SYSTEM - AN INTRODUCTION CH2 - ADVANCED FEATURES OF EXCEL	CH3 - CHARTS IN EXCEL	CH4 - SCRATCH PROGRAMMING - INTRODUCTION TO GAME CREATION	CH5 - INTERNET - HTML	R E V I S I O N	
NOTE: THE NEWLY INTRODUCED SKILL COURSE MODULE BY CBSE WILL ALSO BE A PART OF SYLLABUS.						
PRACTICE	T1/WS/IT/VII/23-24/01		T1/SAMPLE/WS/IT/VII/23-24/02			
EVALUATION	T1/RT/IT/VII/23-24/01	PERIODIC TEST - I	T1/RT/IT/VII/23-24/02	PERIODIC TEST - II	M I D T E R M E X A M S	



INFORMATION TECHNOLOGY

CLASS-VII



TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH	
CONCEPT	CH6 - INTRODUCTION TO PHOTOSHOP CH7 - MORE ON PHOTOSHOP	CH8 - DATABASE AND DBMS - AN INTRODUCTION CH9 - AUDIO - VISUAL COMMUNICATION	CH10 - INTRODUCTION TO PYTHON	CH11 - APPLICATIONS OF ARTIFICIAL INTELLIGENCE	R E V I S I O N	
NOTE: THE NEWLY INTRODUCED SKILL COURSE MODULE BY CBSE WILL ALSO BE A PART OF SYLLABUS.						
PRACTICE	T2/WS/IT/VII/23-24/01		T2/SAMPLE/WS/IT/VII/23-24/02			M I D T E R M E X A M S
EVALUATION	T2/RT/IT/VII/23-24/01 T2/RT/IT/VII/23-24/02		PERIODIC TEST - III			



CLASS - VII

SUBJECT: ART

PRESCRIBED BOOKS

ART GALLERY - 7

LEARNING OUTCOMES

- *To develop criteria to guide making a work of art or design to meet an identified goal.*
- *To demonstrate persistence in developing skills with various materials, methods, and approaches in creating works of art or design.*
- *To reflect on and explain important information about personal artwork in an artist statement or another format.*
- *To communicate concepts effectively.*
- *To use a variety of brainstorming techniques to generate novel ideas of value to solve problems.*
- *To interpret art by analyzing art making approaches, the characteristics of form, and structure, relevant contextual information, subject matter and use of media to identify ideas and mood conveyed.*
- *To analyze how response to art is influenced by understanding the time and place in which it was created, the available resources and cultural uses.*
- *To apply appropriate critical language to artworks verbally and in writing.*



ART

CLASS-VII



TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER	
CONCEPT	C4 - OBJECT DRAWING (FRUITS)	C8 - OBJECT DRAWING (LEAVES)	C14 - PARTS OF FACE (LIPS)	C28 - ANIMAL (DIFFERENT MEDIA)	R E V I S I O N	M I D T E R M E X A M S
	C5 - OBJECT DRAWING (VEGETABLES)	C9 - OBJECT DRAWING (FLOWERS)	C15 - PARTS OF FACE (NOSE)	C31 - BIRDS DRAWING (INK-PEN,PENCIL,BRUSH)		
	C6 - OBJECT DRAWING (ANIMALS)	C10 - OBJECT DRAWING (TREES)	C16 - PARTS OF FACE (EARS)	C32 - BIRD (STEPWISE)		
	C7 - OBJECT DRAWING (BIRDS)	C11 - OBJECT DRAWING	C17 - PARTS OF FACE (EYES)	C34 - STIPPLING DESIGN		
			C21 - PORTRAIT (STEPWISE-TRANSPARENT COLOUR)			
			C22 - CONSTRUCTION OF LEGS			
			C23 - CONSTRUCTION OF HANDS			
			C24 - CONSTRUCTION OF FEET			
			C25 - CONSTRUCTION OF PALMS			
			C27 - LIFE STUDY (FEMALE-INK-PEN)			
TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH	
CONCEPT	C36 - FLOWER (PENCIL SHADING)	C44 - DECORATIVE PATTERNS	C49 - MEHNDI DESIGN	REVISION	R E V I S I O N	F I N A L T E R M E X A M S
	C37 - TREES (INK-PEN)	C45 - CARTOONS	C50 - AIR BLOW TECHNIQUE			
	C38 - TREES(SKETCH PEN, INK BRUSH)	C46 - STORY DRAWING	C51 - TOOTHBRUSH SPRAY			
	C40 - PERSPECTIVE	C47 - GREETING CARDS	C52 - THUMB IMPRESSION			
C41 - LANDSCAPE (POSTER COLOUR)	C48 - POSTERS	C53 - KNIFE PAINTING				
	C43 - COMPOSITION					



CLASS : VII

SUBJECT: DANCE

PRESCRIBED BOOKS

LEARNING OUTCOMES

- *Learn how to put performance in a cultural, historical, and theoretical context.*
- *Demonstrate increased movement skills, concentration and physical control in performing movement for artistic expression.*
- *Learn to discriminate and use a wide range in the used of time, space, and energy.*
- *Learn to use choreographic principles and processes to express perceptions, feelings, images, and thoughts through dance, working alone, with a partner, or in small groups.*
- *Learn to manipulate the elements of dance, shape, space, time and energy, to create short studies that demonstrate development as well as a beginning, middle and end.*



DANCE

CLASS-VII



TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER
CONCEPT	C1 - ZUMBA AND AEROBICS	C2 - BASICS OF JAZZ DANCE	C3 - SEMI CLASSICAL DANCE, BOLLYWOOD FREE STYLE DANCE	C4 - FREE STYLE CONTEMPORARY DANCE	M I D T E R M E X A M S
TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH
CONCEPT	C1 - DEMONSTRATION ON KATHAK- BASIC STEPS / TATKAR / CHAKRAS / HANDS MOVEMENTS OR POSTURE ETC	C2 - FOLK DANCE - BHANGRA / SAMMI / JHUMAR	C3 - INTERNATIONAL FOLK DANCE	C4 - PATRIOTIC THEME BASED DANCE	F I N A L T E R M E X A M S



CLASS - VII

SUBJECT: MUSIC

PRESCRIBED BOOKS

LEARNING OUTCOMES

- *Students will demonstrate comprehensive technical and artistic competencies in the major performing area, including the ability to work independently to prepare performances at the highest possible level.*
- *Shows sensitivity towards safe and proper use of materials, musical instruments, tools and equipment.*
- *Reproduces the sound through vocal music or by playing musical instruments.*
- *Students will exhibit professionalism and community engagement that will enrich and strengthen their local culture and community.*
- *Applies different values, such as, cooperation, team work, sharing, empathy, discipline.*
- *Demonstrates selfconfidence.*
- *Students will identify, analyze and work conceptually with the elements and organizational patterns of music and their interaction, employing this understanding in aural, verbal, and visual analyses and applications.*
- *Students will demonstrate through solo and collaborative performances achievement of professional, entry-level competence in the major performance area.*



MUSIC

CLASS-VII



TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER
CONCEPT	C1 - SONG IN DEVOTIONAL GENRE (PRAYER) & NATIONAL ANTHEM	C2 - DEFINITION OF MUSIC & ALANKARS (SARGAMS)	C3 - PRACTICE OF SONGS ON KARAOKE	C4 - PATRIOTIC SONG	M I D T E R M E X A M S
TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH
CONCEPT	C1 - DEVOTIONAL SONG	C2 - INSTRUMENT DETAILS & BASIC NOTATIONS OF ALANKARS (5-7)	C3 - CAROLS	C4 - PATRIOTIC / FOLK SONG	F I N A L T E R M E X A M S



CLASS - VII

SUBJECT: GAMES

LEARNING OUTCOMES

Students will be able to:

- *understand basic badminton rules, terminology, safety concerns, and scoring procedures.*
- *demonstrate proper court etiquette and good sportsmanship.*
- *demonstrate basic skills associated with badminton including clear, drop, smash, shots, grip and serves.*
- *learn basic skills of throwing and a basic understanding of shot put.*
- *learn the importance of physical fitness.*
- *develop team spirit and leadership skills.*
- *off depression, anxiety, stress, and increase self-esteem with the help of kḥo-kḥo.*



GAMES

CLASS-VII



TERM - I	APRIL	MAY	JULY	AUGUST	SEPTEMBER
CONCEPT	C1 - INTRODUCTION OF MAJOR GAMES	C5- INTRODUCTION OF SHOT PUT & ITS SPECIFICATIONS	C9 - INTRODUCTION OF KHO-KHO GAME & ITS SPECIFICATIONS	C13 - INTRODUCTION OF CRICKET GAME	M I D T E R M E X A M S
	C2 - FUNDAMENTAL SKILLS OF BADMINTON (GRIPPING & SERVICE)	C6 - TECHNIQUE OF SHOT PUT	C10 - FUNDAMENTAL SKILLS OF KHO-KHO (SITTING, RUNNING & CHAIN FORMATION)	C14 - FUNDAMENTAL SKILLS OF CRICKET (BOWLING & FEILD-ING)	
	C3 - FUNDAMENTAL SKILLS OF BADMINTON (STROKES & STANCE)	C7 - MARCH PAST REHEARSAL	C11 - FUNDAMENTAL SKILLS OF KHO-KHO (DIVING, TURNING AROUND THE POLE, DODGING)	C15 - FUNDAMENTAL SKILLS OF CRICKET (BATTING & WICKET KEEPING)	
	C4 - FUNDAMENTAL SKILLS OF BADMINTON (FOOTWORK & SMASH)	C8 - MARCH PAST REHEARSAL	C12 - INTRA CLASS (KHO-KHO)	C16 - FUNDAMENTAL SKILLS OF CRICKET (THROWING & CATCHING, RUNNING BETWEEN WICKETS)	
				C17 - HEIGHT & WEIGHT	E
				C18 - ASSESSMENT(MID TERM)	X
					A
					M
					S
TERM - II	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEB-MARCH
CONCEPT	C1 - FLAMINGO BALANCE TEST & ITS PROCEDURE	C5 - INTRODUCTION OF PUSH-UPS AND MODIFIED PUSH-UPS	C9 - PARTIAL CURL UPS	C13 - BODY MASS INDEX (HEIGHT & WEIGHT) & HOW TO CALCULATE IT?	F I N A L T E R M E X A M S
	C2 - DEMONSTRATION OF FB TEST	C6 - PUSHUPS & MODIFIED PUSHUPS (PRACTICAL)	C10 - PARTIAL CURL UPS (PRACTICAL)	C14 - ASSESSMENT (FINAL TERM)	
	C3 - SIT AND REACH TEST & ITS PROCEDURE	C7 - SHUTTLE RUN	C11 - MARCHPAST REHEARSAL		
	C4 - DEMONSTRATION OF SIT & REACH TEST	C8 - SHUTTLE RUN	C12 - MARCHPAST REHEARSAL		



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